### Maine Shared Community Health Needs Assessment (SCHNA) Priorities Update 2022-2024

Androscoggin, Franklin, and Oxford Counties July 30, 2024

### Thank you to Western District Local Planning Teams!

Central Maine Healthcare-Central Maine Medical Center

Community Concepts, Inc.

Western Maine Community Action

St. Mary's Hospital

Central Maine Healthcare-Rumford Hospital

MaineHealth, Stephens

MaineHealth, Franklin

MaineHealth, Healthy Community Coalition

### **SCHNA** Overview



### 2022-2025 SCHNA Timeline



### SCHNA Data Dashboard

← → C 🖙 maine.gov/dhhs/mecdc/phdata/MaineCHNA/maine-interactive-health-data.shtml



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Maine Center for Disease Control & Prevention (ME CDC)

## ME CDC Highlights

- Conducted a Local Public Health Systems Assessment in 2022 using the <u>10 Essential Public Health Services (EPHS) Framework</u>
  - Results were used in a funding process to provide \$80,000 to a local agency to help improve outcomes for vulnerable populations via infrastructure support.
    - Sacopee Valley Health Center (SVHC) was awarded funding to improve radio communications, food security hub, and cold chain vaccine storage
- Maine CDC created a new Healthcare Coalition(HCC) structure with new district chapters.
  - A Statewide and District Hazard Vulnerability Analysis was conducted in May 2024.

Click <u>here</u> for more information.



### Health Priorities: Androscoggin County

Priority areas of the Hospitals, District, and CAP agency during the 2022-2025 cycle

Social Determinants of Health	Access to Care	Housing	Health & Well-Being
St. Mary's Health Central Maine Healthcare- Central Maine Medical Center	St. Mary's Health	Community Concepts Inc.	Community Concepts Inc.

Diversity, Equity, Inclusion & Belonging	Substance Use	Mental Health
Central Maine Healthcare- Central Maine Medical Center	Central Maine Healthcare- Central Maine Medical Center St. Mary's Health	Central Maine Healthcare- Central Maine Medical Center St. Mary's Health

Western District Public Health work spans all priorities and impacts.

## Highlights: Androscoggin County

### St. Mary's Health

#### **Mental Health**

In collaboration with the Androscoggin Community Health Stakeholders Coalition, explored and researched how to become a trauma-informed community in Lewiston/Auburn, and applied for – and received – a \$5,000 grant from the Simmons Foundation to offer two series of Trauma-Informed Trainings led by the Maine Resiliency Building Network.

Each series included 3 separate trainings, "The Impact of Experiences", "Creating and Sustaining a Trauma-Informed Organization", and "Spreading HOPE: Healthy Outcomes from Positive Experiences"

- Series 1 held in November December 2023: 50 participants
- Series 1 held in May June 2024: 25 participants

# Highlights: Androscoggin County

#### Central Maine Healthcare-Central Maine Medical Center

Substance Use	Mental Health
<ul> <li>Created substance use and mental health resource guides for patients and community members, and an internal system-wide database of</li> <li>community resources for all Team Members to use to better support individual patients' needs.</li> <li>50 Resource Guides given out from Lewiston area practices</li> <li>332 visits to the online CMMC Area Resource Page (7/1/23 - 6/30/24)</li> <li>Resource page links added to Visit Summary</li> </ul>	<ul> <li>Embedded Intentional Peer Support (IPS) in the</li> <li>Emergency Department that offers opportunities</li> <li>for patients to connect with a trained person for</li> <li>support on a variety of behavioral health</li> <li>challenges. Expansion to Inpatient Units upcoming.</li> <li>Workflow created</li> <li>3 presentations delivered to Emergency</li> <li>Department Team Members</li> <li>"All About IPS" document created to showcase</li> <li>program, workflow and Peer Support staff</li> </ul>
<ul> <li>paperwork</li> <li>Presentations delivered to Team Members on use</li> </ul>	available

 Presentations delivered to Team Members on use and navigation

# Highlights: Androscoggin County

### Community Concepts Inc.

Housing	Health & Well-Being
<ul> <li>Expanded reach of several different housing programs within the service area.</li> <li>2 new homes under construction with Built by Me Program</li> <li>Lead Paint Fee for Service Program expanded into Kennebec, Lincoln and Sagadahoc Counties</li> <li>Received a contract for multi-family homes and received Biden Infrastructure funding to increase services to single family homes to address weatherization services</li> </ul>	Began a merger with Oxford County Mental Health Services to increase and expand resources that address mental health and substance use services, childcare, and housing.

### Thank You to Androscoggin County Partners!

Sweetser

City of Auburn

Androscoggin Community Health Stakeholders Coalition

Tri County Mental Health Services (now Spurwink) Lewiston Auburn Area Recovery Collaborative

Church of Safe Injection

#### OPTIONS

Lewiston Area Public Health Committee

Safe Voices

USDA Rural Development Community Clinical Services

The Nutrition Center

Maine Housing Authority

Oxford County Mental Health Services

Androscoggin Bank

Maine CDC

An Angel's Wing



# **Franklin County**

### Health Priorities: Franklin County

Priority areas of the Hospitals, District, and CAP agency during the 2022-2025 cycle

Social Determinants of Health	Access to Care	Housing & Energy	Children & Family
MaineHealth, Franklin	MaineHealth, Franklin Western Maine Community Action	Western Maine Community Action	Western Maine Community Action

Diversity, Equity, Inclusion & Belonging	Financial Services	Substance Use	Mental Health
		MaineHealth, Franklin	MaineHealth, Franklin

Western District Public Health work spans all priorities and impacts.

# Highlights: Franklin County

### MaineHealth, Franklin

Substance Use	Mental Health
Use harm reduction models of care delivery and treatment	Increase the number of adults in the community with the
for those with active Substance Use Disorder.	knowledge and skills to address a youth experiencing a mental health challenge and to promote help-seeking
<ul> <li>12 trained Peer Recovery Coaches</li> </ul>	behaviors.
112 individuals working with Peer Recovery Coaches	
<ul> <li>43 people engaged with Peer Recovery Coaches</li> </ul>	68 adults were trained in Youth Mental Health First Aid
<ul> <li>306 naloxone prescriptions in the community</li> </ul>	<ul> <li>HCC Staff were trained in the Youth Thriving Guide and</li> </ul>
246 individuals accessing harm reduction through HCC	Implementation
Mobile Health Unit(MHU)	
<ul> <li>MHU travels to 21 sites distributing harm reduction</li> </ul>	
materials	
<ul> <li>10,790 promotional materials distributed.</li> </ul>	

Data through June 30, 2024

# Highlights: Franklin County

### MaineHealth, Franklin

Access To Care	Social Determinants of Health
Increase access to Health Care/Wellness services in rural towns via the HCC Mobile Health Unit.	Explore opportunities for identification and referral to address SDOH.
<ul> <li>155 Mobile Health Unit events</li> <li>2,929 people served on the Healthy Community Coalition Mobile Health Unit</li> </ul>	<ul> <li>13 community-based organizations who claim their program on FindHelp</li> <li>115 211 encounters with mental health specialists</li> <li>2,132 211 encounters</li> <li>1,208 referrals to HCC</li> </ul>

Data through June 30, 2024

# Highlights: Franklin County

#### Western Maine Community Action

Access to Care – Targeted Case Management	Children & Family – Our Place to Grow Childcare
WMCA has recently hired a case manager and have	WMCA has been working with the hospital on a
the pieces in place to begin in July of 2024. TCM will	childcare center. Due to winter flooding the project
be available to our clients experiencing homelessness,	was delayed substantially, but it's now set to open
a currently underserved population.	late summer or early fall and offer additional
	childcare slots needed in the area.

#### Housing & Energy - Home Repair, Central Heat Improvement, Weatherization and Homeless Services

WMCA has a robust Housing department that assists low-income client with needed repairs to their homes or heating systems, as well as Weatherization to help them save on energy costs. These modifications often allow clients to remain in their homes as they age. WMCA's Homeless services include helping clients obtain housing vouchers and assisting with the search for affordable housing. They also try to work with families before they become homeless with very limited funds for rent payments.

### Thank You to Franklin County Partners!

Mission at the Eastward

Maine Housing Authority

Western Maine Community Action

United Methodist Economic Ministry

Franklin Community Health Network **UMaine Farmington** 

Kennebec Behavioral Health

Local Chamber of Commerce

St. Joseph's Church

Greater Franklin Development Council

Franklin County Children's Task Force

Rangeley Health and Wellness

Seniors Plus

Local Farms

**Community Dental** 

Literacy Volunteers of Franklin and Somerset County

HealthReach

Local Law Enforcement

Western Maine Transportation

Area Schools

Adult Education



# **Oxford County**

### Health Priorities: Oxford County

Priority areas of the Hospitals, District, and CAP agency during the 2022-2025 cycle

Social Determinants of Health	Access to Care	Housing & Energy	Children & Family
Central Maine Healthcare- Rumford Hospital MaineHealth Stephens Hospital		Community Concepts Inc.	Community Concepts Inc.

Diversity, Equity, Inclusion & Belonging	Financial Services	Substance Use	Mental Health
Central Maine Healthcare- Rumford Hospital		Central Maine Healthcare- Rumford Hospital MaineHealth Stephens Hospital	Community Concepts Inc. MaineHealth Stephens Hospital

Western District Public Health work spans all priorities and impacts.

# Highlights: Oxford County

### MaineHealth, Stephens

Substance Use Disorder	Mental Health
<ul> <li>Integrate expanded Substance Use Disorder hub model into existing Integrated Medication-Assisted Therapy program.</li> <li>This strategy was dramatically transformed with the establishment of the Comprehensive Addiction Medicine Program in October 2022 by Dr. Lisa Miller</li> <li>289 patients engaged</li> <li>173 patients with buprenorphine prescription</li> <li>of those 119 (69%) with active Naloxone prescription</li> <li>Active community partner with the Western Maine Addiction Recovery Initiative</li> </ul>	<ul> <li>Define and evaluate "access to mental health care" in the primary care setting.</li> <li>First of its kind collaboration between the Center for Interdisciplinary Population Health Research, the MaineHealth Health Status Program, Maine Behavioral Healthcare, Primary Care and Healthy Oxford Hills</li> <li>Logic model created to define and evaluate the impact of behavioral health programming on mental health care</li> <li>Informed Maine Behavioral Healthcare's new strategic plan</li> </ul>

## Highlights: Oxford County

### Central Maine Healthcare-Rumford Hospital

<ul> <li>S0 Resource Guides given out</li> <li>302 visits to the online Resource Page between July 1<sup>st</sup>, 2023 and May 31<sup>st</sup>, 2024</li> <li>Resource page links added to Visit Summary paperwork</li> <li>Includes free public events from four different community organizations</li> </ul>	Substance Use	Social Determinants of Health
Internal Database	<ul> <li>guides for patients and community members, and internal system-wide database of community resources for all Team Members to use to better support individual patients' needs.</li> <li>50 Resource Guides given out</li> <li>302 visits to the online Resource Page between July 1<sup>st</sup>, 2023 and May 31<sup>st</sup>, 2024</li> <li>Resource page links added to Visit Summary paperwork</li> <li>Presentations delivered to Team Members on use of</li> </ul>	<ul> <li>Food Pantry in Mexico.</li> <li>Collected a total of 88 food items across two food drives, one for each fiscal year since adopting the plan</li> <li>Created a Rumford area community events calendar that is linked to the Central Maine Healthcare website</li> <li>Includes free public events from four different community</li> </ul>

## Highlights: Oxford County

### Community Concepts, Inc.

Housing and Energy Services	Children and Family	Mental Health
<ul> <li>Expanded Self-Help &amp; Built</li> <li>By Me Homeownership</li> <li>Programs by 7 additional</li> <li>homes</li> </ul>	<ul> <li>Increased early education opportunities for children by opening two additional classrooms in Rumford</li> </ul>	<ul> <li>Community Concepts merger with Oxford County Mental Health Services, naming CCI as sole member is complete.</li> </ul>
<ul> <li>Expanded Lead Paint         <ul> <li>Inspection Services into                 additional counties of                 Kennebec, Lincoln, and                 Sagadahoc</li> <li>Expanded Weatherization</li> </ul> </li> </ul>	<ul> <li>Received approval and funding to build a new Head Start location in Bethel</li> </ul>	Integration efforts are well in progress

Program with funding from Department of Energy

### Thank you to Oxford County Partners

River Valley Healthy Communities Coalition

The Hope Association

Larry Labonte Recovery Center

**Greater Rumford Community Center** 

Beacon House Peer Recovery Center (Oxford County Mental Health Services)

# **Save the Date!**

Androscoggin County Stakeholder Forum: Thursday, November 7, 9am – 12pm at East Auburn Baptist Church

Franklin County Stakeholder Forum:

Wednesday, September 18, from 1-4 pm at the University of ME Farmington

Oxford County Stakeholder Forum: Wednesday, September 25th, 9am – 12pm via Zoom



# **Questions?**